

## **Women's Southern League – Reading, Saturday 31<sup>st</sup> May 2008**

Dave Varney writes:

Competing at the highest level of the Southern Women's Track & Field League, is certainly paying off for the Newquay & Par athletes with nine personal best performances, including two County Records, set at the second match of the Premier Division at Reading.

This was the largest Senior team the club has been able to put together since joining the league & several of the athletes were able to put their efforts into one or two events, rather than spreading their talents across the board to chalk up valuable points.

The Under 15 team, however, could still do with strengthening & included some of their best performing under 13's. It was in this age group that one County Record was beaten & another equalled.

Both of these Records are long standing with Karis Harrington wiping out an 18 year old Shot Putt Record using the heavier U15 age group weight, twice throwing 8.23m & going back even further, Maria Brett equalled a 75m Hurdles Record standing 32 years from 1976. In addition Karis also went to second in the All Time County Lists for the 600g Javelin with 22.36m & Maria put in a life time best Long Jump of 4.43m.

Not too many female athletes have broken the 60second barrier for 400m & this was the target for Under 20, Nicola George. A tight run race & a gutsy last 50m gave her one of only two outright wins for the team & a new best time of 59.1s. The other win came from Caroline Steven who also put in a veteran best performance in the 3000m, regaining the long held lead in the final lap for victory in 10m:38.8s

Two of the Under 17's making up the Senior team benefitted from the competition to reduce their best marks. Philippa Brett, firstly in the 300m Hurdles at 47.8s & then improving her 80m Hurdle time to 12.8s. Whilst Holly Brown, having missed her opportunity of a possible double pole vault win with Jasmin Hicks after the event was cancelled due to faulty equipment, slotted into the Triple Jump & sailed out to a massive 10.48m.

There were league debuts for U13 katie Yeomans with a p/b in the 800m B race & Cornwall AC's Rebecca Turner competing as a Higher Competition Athlete in 200m & 800m.

This is likely to be one of the toughest fixtures of the five match series, with Herts Phoenix eventually getting the better of host club Reading in the top end of the table clash but more importantly, N&P, as the only South West club in the Division, held off Ealing to maintain their 12th overall placing. The next match at Basingstoke at the end of June, could see an opportunity to improve a place against opposition closer to the Duchy club's position.

Women's Southern League Results - Reading 31 May 2008

A			B				
<b>Seniors</b>							
100	3	Alice Robins U20	12.7	2	Leah Paulley	13.1	
200	4	Alice Robins U20	27.1	3	Rebecca Turner	28.8	
400	2	Nicola George U20	51.9	p/b	2	Leah Paulley	61.6
800	3	Leonie Woodfinden	2.32.2		2	Rebecca Turner	2.42.4
1500	3	Leonie Woodfinden	5.10.1		3	Caroline Steven W40	5.18.1
3000	1	Caroline Steven W40	10.38.8	p/b	2	Tessa Williamson	14.01.2
80mH	2	Philippa Brett U17	12.8	p/b	1	Holly Brown U17	13.4
100mH	2	Jacky Brett W40	16.6		2	Jasmin Hicks U20	18.1
300mH	2	Philippa Brett U17	47.8	p/b			
400mH	2	Jasmin Hicks U20	72.7		2	Jo Glossop	81.4
HJ	2	Holly Brown U17	1.50		2	Philippa Brett U17	1.40
PV	<b>Cancelled</b>						
LJ	3	Jasmin Hicks U20	4.75		4	Marie Hudson W40	4.16
TJ	3	Holly Brown U17	10.48	p/b	3	Debbie Drinkell W40	9.15
SP	4	Jacky Brett W40	9.05		3	Charlie Notman U17	8.04
DT	4	Kim Marsh	23.07		3	Vicky Mark U17	20.12
JT	2	Jo Glossop	28.75		3	Vicky Mark U17	22.23
HT	3	Kim Marsh	30.34		2	Jo Glossop	20.49
4X100mRelay	4th		51.8				
4X400mRelay	3rd		4.22.6				
<b>U15 Girls</b>							
100m							
200m	4	Maria Brett U13	29.4		4	Amy Sweet	30.6
800m	3	Amy Sweet	2.38.1		2	Katie Yeomans U13	2.43.9
1500m							
75mH	2	Maria Brett U13	13.0	<b>eq CoR</b>			
HJ	3	Katie Yeomans U13	1.15		2	Ellie Brown	1.15
LJ	3	Maria Brett U13	4.43	p/b	2	Karis Harrington U13	3.81
SP	2	Karis Harrington U13	8.23	<b>CoR</b>	3	Charlotte Ward	6.11
DT	4	Rebecca Mark	11.50		3	Charlotte Ward	10.83
JT	2	Karis Harrington U13	22.36	p/b	4	rebecca Mark	16.44
4x100mRelay	4th		59.8				

**provisional results** mtch pts

1	Herts Phoenix	155.5
2	Reading	145.5
3	N&P	117.5
4	Ealing	101.5

**Non-Scoring:**

100m	Charlie Notman U17	TBC
	Vicky Mark U17	TBC
	Debbie Drinkell W40	TBC